

Information for day case surgery and „same day admissions“

Dear patient

You will enter the hospital on the same day as surgery or another intervention will be carried out. Anesthesia consultation will therefore take place either a couple of days before or after your arrival in the hospital on the day of surgery. In case you did not see the anesthesiologist before the day of surgery we kindly ask you to fill out and sign our health questionnaire enclosed.

Important informations:

- Take enough time for travelling. Let you drive by a companion or use the public transport system.
- Do not take valuables or important amounts of money to the hospital.
- **Personal hygiene:** Take a shower (if possible) or thoroughly wash the area of the operation and body area around. Remove make-up and nail polish and do not use fatty face or body lotions. You thus can help to reduce the risk of wound infection.
- **Medication:** With your convocation you may have been sent a list of drugs which have to be stopped some days before the operation. All other medications should be taken as usual until the day before surgery. We kindly ask you to bring our medications with you. In case you have any questions about medications before surgery our anaesthesia doctor on call will be happy to answer them (031 308 84 94).
- Please take you **list of medication, your allergy card or emergency card** with you.
- **Eating and drinking before surgery:** The day before surgery, you can eat and drink normally until midnight. Coffee or tea (ev. with some milk) or orange juice are allowed until 2 hours, water until 1 hour before hospital admission. Milk and dairy products as well as soups are not allowed.
- You will be informed about **the exact time you are expected to arrive in the hospital on the day of surgery** by the secretary of the department of surgery or orthopedic surgery. In case of any questions don't hesitate to contact the secretary in charge: **031 308 81 52 (General Surgery), 031 308 88 81 (Orthopedic Surgery).**

On the day of surgery:

- Come forward to the **“Patientenaufnahme”** near the main entrance of the hospital at the scheduled time.
- From there you will be accompanied to your room by a nurse who will give you further information. On the ward you will be visited by the physician taking care of you.
- After the operation you will be monitored in the recovery room for some time and will then be brought back to your room.
- **General anaesthesia as well as regional anaesthesia may impair your capacity to react.** You should therefore not drive a car or operate a machine until 24 hours after anaesthesia. Moreover you should not sign any contract or take important decisions during this time.
- **For your safety you are allowed to leave the hospital on the day of surgery only if accompanied by an adult person.**
- **Hospital discharge will take place after you have been visited by the surgeon in charge.**

In case of any problems occurring after hospital discharge, you can contact the surgeon on call at any time by phone (031 308 88 20).

Your Anaesthesia Team